

Wildcat Way with USFC, Spring 2019

Overview

With the information taken from the weekly session evaluations, the major takeaways and recommendations for the future are as follows.

Major Takeaways

- » Themes in written responses throughout program:
 - › Students respond well to data/statistics and find them useful.
 - › Wildcat Way is great for increasing visibility of resources for students.
 - › Action items like intervention strategies are well-received.
 - › Awareness/understanding of sexual violence spectrum is important.

Recommendations

- » More...
 - › Data/statistics! Seems like information is more relevant to students if they see numbers. Not sure what data/statistics were shared, but data broken down into impact for different identities would be good to see (especially for USFC groups).
 - › Action items! Sometimes students don't know how to intervene, so it appears that they found the strategies shared useful. Implicit bias was addressed, so maybe more ways to combat those biases can be discussed.
- » Revisions to the Session Evaluations
 - › "What was the most useful thing you learned today?" and "What information was new to you?" are too similar, so the responses were very similar. "Will the information from today's session help you? How?" could also be more specific to encourage more in-depth responses.
 - › Change questions to be:
 - What was the most useful thing you learned today?
 - Related to today's topic, what information do you wish was included or discussed more?
 - What specific information will you bring back to your peers? What information will you personally use to be a better advocate for sexual assault prevention?

Methods

At the end of each workshop, the participants were asked to complete a session evaluation which also served as a way to take attendance.

Quantitative Data

- » The participants were prompted to rank the usefulness of the session on a scale of 1-10 with 10 being the highest.

Quantitative Data

- » The participants asked to answer the following questions:
 - › What was the most useful thing you learned today?
 - › What information was new to you?
 - › Will information from today's session help you? How?

Weekly Session Evaluations

Below are the responses to the evaluations for weeks 1, 3, 5, and 6. Weeks 2 and 4 were skipped by mistake. Common themes discovered in written responses are also below.

Session 1

On a scale of 1-10 **with 10 being the highest**, how would you rank this session's usefulness?

- » Quantitative response:
 - › Average, 9
 - › High, 10
 - › Low, 8

What was the most useful thing you learned today?

- » Written response:
 - › All of the statistics that pertain to the LGBTQ community.
 - › Half of sexual assaults on campus occur in Greek houses. The second most frequent place where sexual assault occurs is the dorms.
 - › 20-25% of women will be sexually assault in college. This demonstrates how urgent this issue is.
 - › Where most sexual assaults occur.
 - › I was unaware residence halls were the second most common place where sexual assault occurs.
 - › The resources available to combat sexual assault/rape culture.
 - › That more sexual assaults are committed by someone you know.
 - › Where sexual assaults usually happen and who actually commits this.
 - › The specific statistics about rape culture in the university.
 - › 20-25% of females at UA would be sexually assaulted.
- » Common themes:
 - › Data/statistics.
 - › Common locations of sexual assault.

What information was new to you?

- » Written response:
 - › Most common places for sexual assault: 1) Greek Houses, 2) Residence Hall.
 - › 95-99% sexual assaults are made by men.
 - › The residence halls are the second most prevalent places for sexual assault.
 - › Some of the myths.
 - › 98-99% of sexual assault is done by men.
 - › The different levels of tier educations taught by SPEAC.
 - › That second most sexual assault happens in the dorms.
 - › The actual stats of how many sexual assaults are fake (2%).
 - › Learning that LGBTQ+ and disabled students are sexually assaulted more.
 - › Plan B is found at the WGRC.
- » Common themes:
 - › Statistics.
 - › Location.

Will the information from today's session help you? How?

- » Written response:
 - › Yes, I'm bringing back all the statistics to my chapter.
 - › Yes, the urgency is going to inspire me to start actively conversing with the people around me.
 - › Yes, to be more aware of the people I know.

- › Yes it will. I'll be able to educate my chapter and peers.
- › Yes, it makes me more aware of consent and rape culture.
- › Yes, to see what resources could be available to my community.
- › The items that the women's center offers.
- › Who actually does this: friends, coworkers, friends of friends, etc.
- › Yes. It will help me in putting into perspective the effects and causes of sexual assault.
- › Yes, because it will help me be more cautious if I ever go to a party at a frat house.
- » Common themes:
 - › Sharing information with others.
 - › Awareness of consent, rape, culture, and resources.

Session 3

On a scale of 1-10 **with 10 being the highest**, how would you rank this session's usefulness?

- » Quantitative response:
 - › Average, 9.222
 - › High, 10
 - › Low, 5

What was the most useful thing you learned today?

- » Written response:
 - › The sexual violence spectrum
 - › This was the most useful session this whole time.
 - › How prevalent rape culture is in society
 - › How movies are used in this culture
 - › Things that contribute to rape culture
 - › Learning all the different ways of sexual assault and how it is actually in our daily lives.
 - › Need for better dialogue, especially in regards to the effects of the patriarchy.
 - › That certain actions are not equal for both sexes (i.e. objectification of men vs. women).
 - › The spectrum leading up to overt rape
- » Common themes:
 - › Sexual violence spectrum.
 - › Understanding aspects of rape culture.

What information was new to you?

- » Written response:
 - › Some of the examples about the spectrum.
 - › Yes and no. it built on what I already know.
 - › How terrible violent people can be, especially online.
 - › None
 - › Suicide rates are higher in men by a lot.
 - › Simply the 6 stages/forms of sexual assault: coercion, objectification, sexual harassment...
 - › Better dialogue when we have these conversations.
 - › The male gaze.
 - › Coercive rape and other actions such as groping is just as bad as rape.
- » Common themes:
 - › Levels of sexual violence spectrum.

Will the information from today's session help you? How?

- » Written response:
 - › Yes, it made me recognize some of my own behaviors I need to change.

- › Yes, I love taking things back to my chapter.
- › I can bring it back to my chapter to have a conversation.
- › Nothing is new to me.
- › Yes, gives me more information to bring back to my chapter to educate them.
- › Yes, it will help me be more careful in the future.
- › Yes, for there is a need to disrupt patriarchy as a man.
- › Yes, it's more information on abuse and what should not be normalized.
- › Awareness
- » Common themes:
 - › Sharing information with others.
 - › Behavior shifts.

Session 5

On a scale of 1-10 **with 10 being the highest**, how would you rank this session's usefulness?

- » Quantitative response:
 - › Average, 8.667
 - › High, 10
 - › Low, 5

What was the most useful thing you learned today?

- » Written response:
 - › Implicit bias is something we all have and must recognize.
 - › How to intervene.
 - › Implicit bias impacts us all.
 - › Being more aware.
 - › Implicit bias; really enjoyed the video and seeing real reactions people have.
 - › How to step in when a rape joke is said.
 - › Implicit bias and Call-In.
 - › The role of implicit biases in stopping sexual violence.
 - › Different types of bystanders. Inventive ways to intervene when there is an uncomfortable situation.
- » Common themes:
 - › Understanding implicit biases.
 - › Strategies for intervention.

What information was new to you?

- » Written response:
 - › New ways to intervene as a bystander.
 - › Other ways of stepping in.
 - › You can approach a perpetrator indirectly.
 - › Be more aware to prevent violence.
 - › Tools to use for bystander intervention.
 - › True meaning of bystander intervention.
 - › Call-In
 - › How many other scenarios involve bystander intervention.
 - › Strategies to reverse implicit biases.
- » Common themes:
 - › Bystander intervention.

Will the information from today's session help you? How?

- » Written response:
 - › Yes, I will take it to my chapter and teach about how we can intervene as bystanders as girls.
 - › Yes, I can help my friends more.
 - › Yes, when I see sexual assault happening I'll know what to do.
 - › Yes, provide intel to my peers.
 - › Yes, I can recognize ways to intervene.
 - › Saving a friend from a situation. Use it at a party.
 - › Yes, because you have to trust your instinct but also reevaluate what you're looking at.
 - › Learning different ways to be an upstander
 - › Yes, I plan to take it back to my sorority.
- » Common themes:
 - › Utilizing bystander intervention strategies.
 - › Share information with peers.

Session 6

On a scale of 1-10 **with 10 being the highest**, how would you rank this session's usefulness?

- » Quantitative response:
 - › Average, 9.625
 - › High, 10
 - › Low, 8

What was the most useful thing you learned today?

- » Written response:
 - › Reviewing.
 - › Everyone's sense of justice is different, everyone's healing process is different.
 - › The review, because it tested how much I learned.
 - › The spectrum of violence.
 - › The review on my choices for non-disclosing sources to talk to.
 - › How to care for a survivor.
 - › I learned about campus legal services.
 - › Refreshed everything that we already learned.
- » Common themes:
 - › Reviewing / testing what information was retained throughout program.

What information was new to you?

- » Written response:
 - › Bystander intervention.
 - › That the confidential places on campus are CAPS, the law service, and something else lol.
 - › Legal and on-campus resources.
 - › Obama bill for Women Against Violence Act expired.
 - › This was review but the 4 points of consent was good.
 - › Learning how to handle a survivor.
 - › How many universities have female presidents.
 - › Nope.
- » Common themes:
 - › Resources available on campus.

Will the information from today's session help you? How?

- » Written response:
 - › Yes to pass it on.
 - › Yes, it actually has already helped me with a friend who opened up to me about issues she has in her life.
 - › Yes, by educating my fraternity.
 - › The 4 types of consent.
 - › The review on how to be a good active bystander.
 - › It will help in choosing the words to say to a survivor so that they can make their own decision.
 - › Good review.
 - › Everything I enjoyed getting reminded of everything we learned.
- » Common themes:
 - › Supporting survivors.
 - › Review of program, share with peers.