

# Safe Spring Break Symposium Feedback

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MARCH 2022



Fraternity &  
Sorority Programs

## **Mission**

To bring speakers who can educate students about values-based decision making as it relates to health and wellness.

## **Content**

The content this year was focused mainly on substance use and abuse.

The speaker also included information on the role of mental health struggles in substance use within the college student population.

## **Format**

Due to the ongoing COVID-19 pandemic, we were unable to secure a large enough space to hold the event in person. It took place on zoom through a university issued webinar.

This year, we hosted Dr. Adi Jaffe, a #1 best selling author of *The Abstinence Myth* and a nationally recognized expert on mental health, addiction, relationships, and shame.

The following is a report of the attendees and their responses to the post-event survey questions.

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## **ATTENDEES**

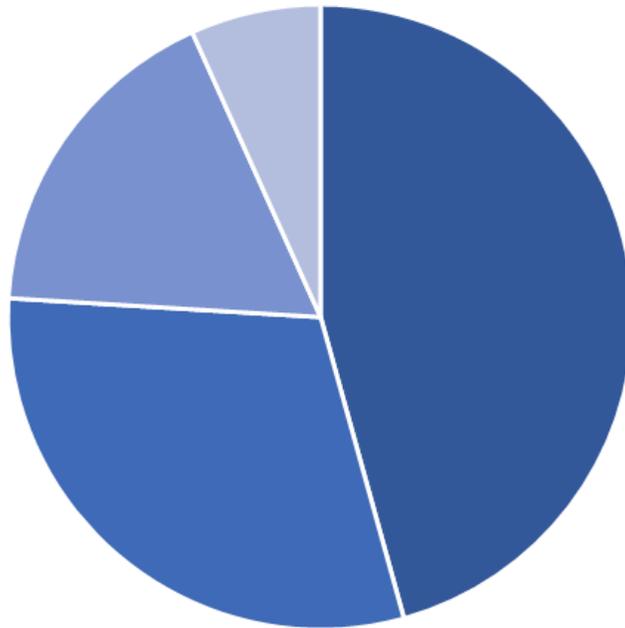
3,283

## **SURVEY RESPONSES**

3,082

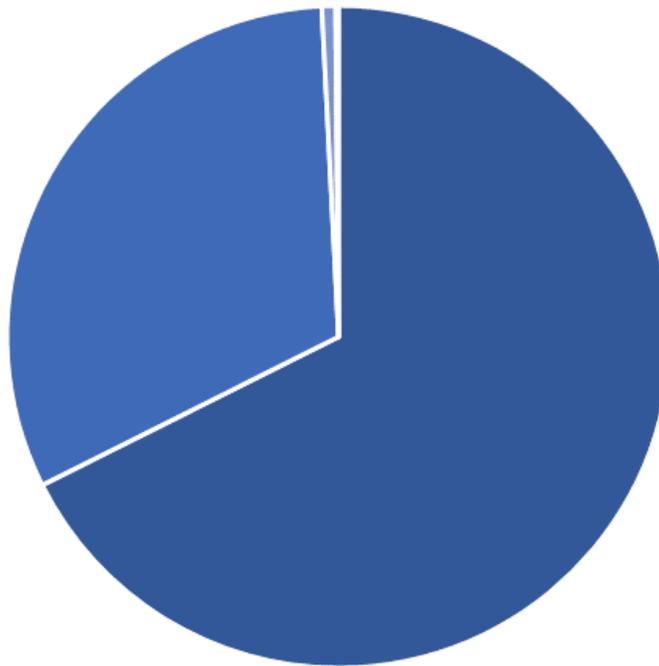
# PARTICIPANT DEMOGRAPHICS

## YEAR IN SCHOOL



■ Freshman ■ Sophomore ■ Junior ■ Senior

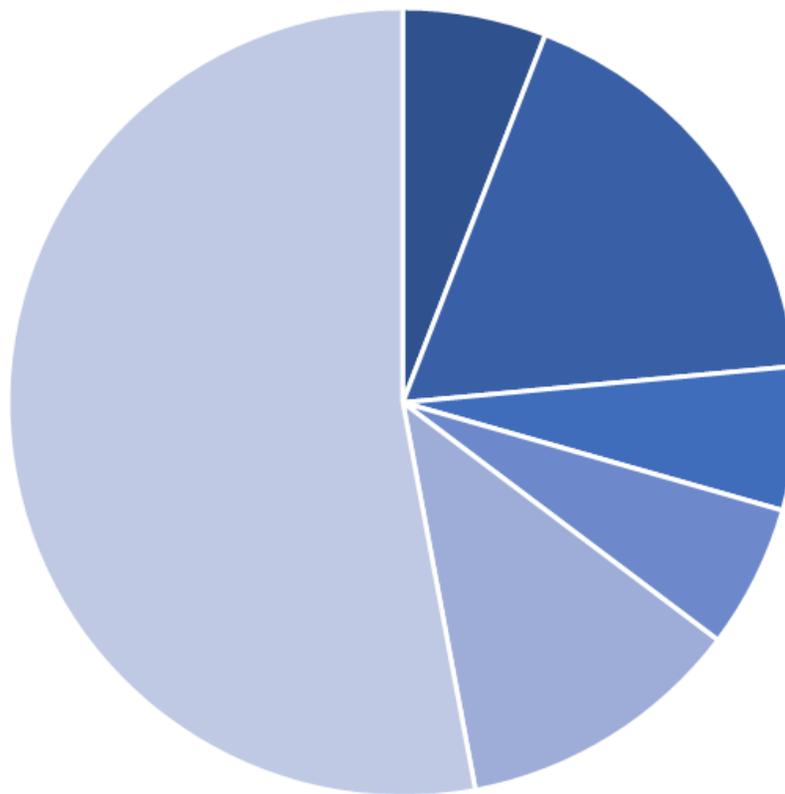
## GENDER IDENTITY



■ Female ■ Male ■ Non-Binary ■ Not listed

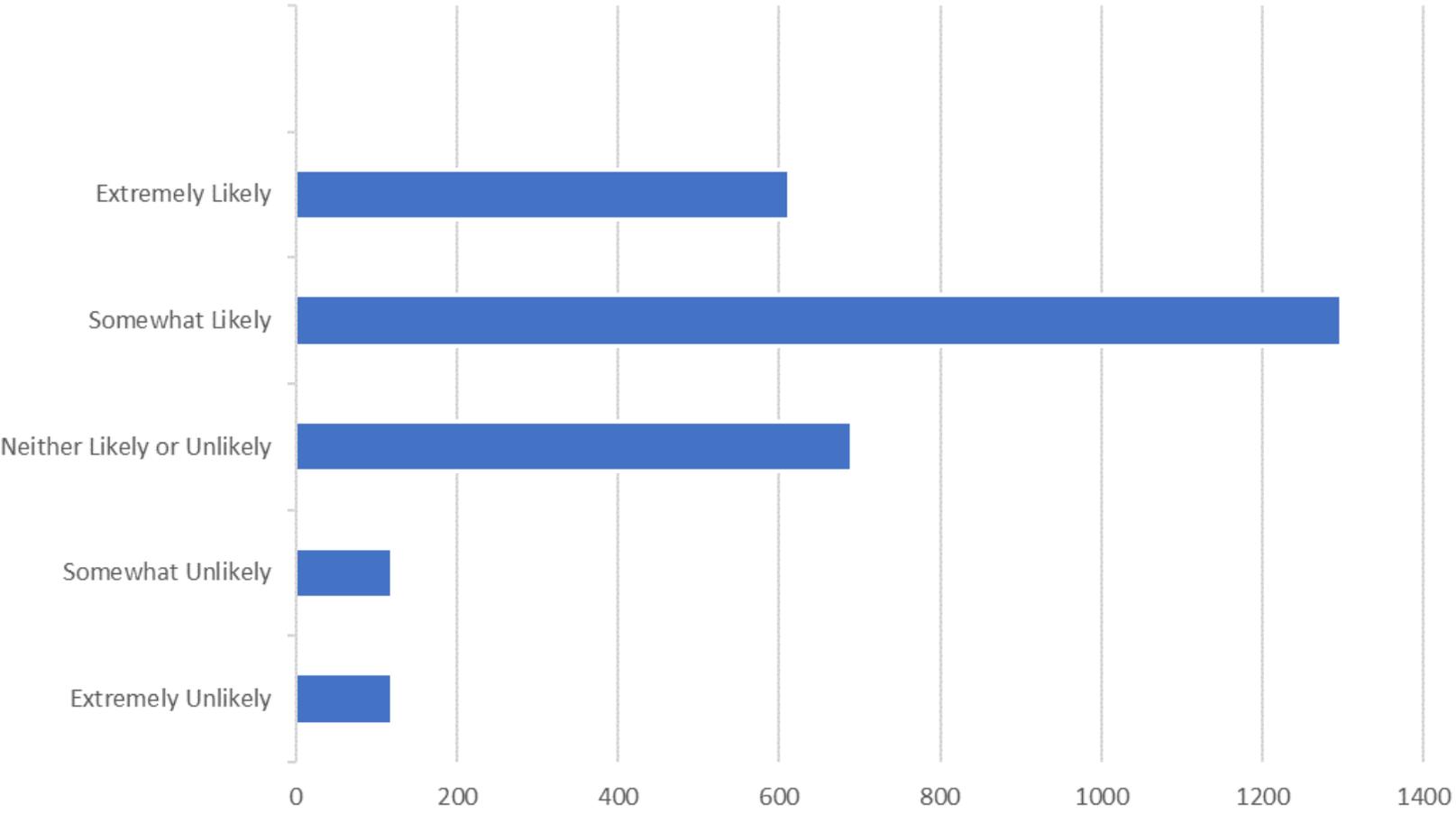
# PARTICIPANT DEMOGRAPHICS

## ETHNICITY/RACE



■ Native American ■ Asian ■ Black ■ Hispanic/Latinx ■ Multiple Ethnicity/Other ■ White

# "How likely are you to change your alcohol or drug related behaviors after this presentation?"



**"On a scale of 1 to 10 with 10 being the highest, answer the following:"**

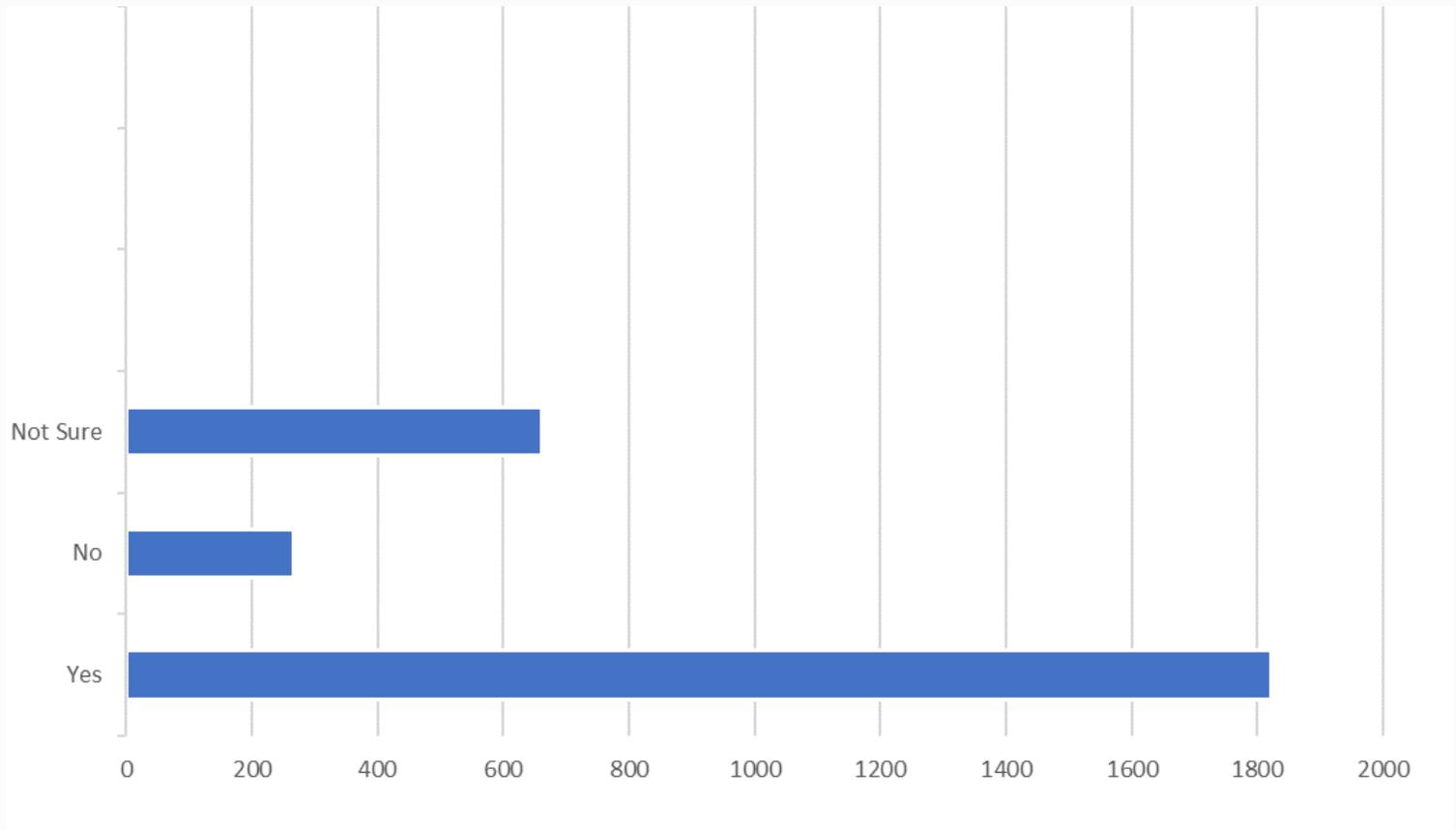
**"How would you rate the presenter's ability to connect with the audience?"**

Mean: **7.84**

**"How would you rate the relevance of the topic?"**

Mean: **8.12**

**"If the topic or content changed again next year, would you like to see Dr. Jaffe in person?"**



**"What is a topic you think should be highlighted at a future Safe Spring Break Symposium?"**

- 1.** Mental Health
- 2.** Sexual Assault
- 3.** Transphobia

## **PARTICIPANT QUOTES**

"Thought the speaker was very relatable and not judgmental so he did a good job."

"A lot of the facts and personal information he shared was shocking and important to learn and recognize."

"A great presentation! I learned some new information for myself and more I could teach to others that need help."

"I think this was really important to talk about before spring break. Thank you!"